

## UAL Attendance Policy

It is of the utmost importance that the team train together in order to be able to achieve our potential. Poor or late attendance is something that affects an entire team, whether it be because your group cannot work a skill or someone gets injured because they missed a proper warm up. The following policy applies mainly to team training sessions, however repeated absence at tumble sessions will also be subject to scrutiny at the coaches discretion.

### Three strike policy

3 unauthorised absences during the season will result in being **temporarily removed from the routine and placed on probation**. During your probation period you must have perfect attendance and demonstrate high levels of effort & commitment at the next 3 sessions. If you successfully complete your probation, you will be reinstated to the team. Any further unauthorised absence will result in you being removed from the routine and replaced.

Authorised absence	Unauthorised absence
Illness with vomiting/diarrhoea in the last 24 hours Contagious illness Illness with doctor's note Prohibitive injury with doctor's note Family tragedy/emergency Inclement weather School event directly related to key examination (eg GCSE, A Level, Degree classification, etc)	Headaches/Poorly tummy Social Events Birthday Parties/Weddings/Celebrations Other sporting events Other cheer team training or comps Homework/revision Holidays booked during the season More than 20 minutes late to a session

Doctor's notes may be issued retrospectively. These lists are not exhaustive so please do ask if you have any questions.

**ALL Absences/Illness MUST be emailed to [absence@unityallstarsleeds.com](mailto:absence@unityallstarsleeds.com)**

In addition to the above, there are a number of **RED WEEK** crucial periods that you may not miss training for ANY reason whatsoever.

- **Any training dates in the 3 weeks leading up to competition**
- **Competition dates**
- **Choreo dates**

Absence during the above crucial periods may result in you being replaced in the routine/team. ALL decisions on authorised/unauthorised absences are at the coach's discretion.

### Tumble attendance

Attendance to tumbling sessions is mandatory for all elite team athletes, with the exception of athletes born before 2008 and commuting athletes travelling further than 45 minutes travel time. Commuting athletes must continue to attend a local tumbling program or class and attend tumbling sessions once a month in order to check in and maintain skills.

### **Lateness Policy**

You will be classed as late if you arrive after the register has been taken. 3x late arrivals will count as 1 unauthorised absence. If you are more than 30 minutes late to the session for any reason, this will count as an unauthorised absence.

### **Comp weekends**

During comp weekends where full domestic teams are attending on either Saturday OR Sunday there will be no tumble session. On comp weekends where ONLY Havoc are competing tumble will continue to run.

### **Green zone dates**

Green Zones are during school holidays (with the exception of February and May half term) and apply to domestic teams only. During Green zones our three strike rule is suspended and athletes may be absent from sessions for family holidays etc. You must still log our absences via your acceptance form however these will not count towards your absence quota.

**Summer Green Zone - 5th August - 1st September inclusive**

**October Green Zone - 28th October - 4th November inclusive**

**Easter Green Zone - 7th April - 21st April inclusive**

**Full closure - Christmas break - 21st December - 6th January inclusive**

**Full closure - End of season - 29th June**