

UAL Attendance Policy

It is of the utmost importance that the team train together in order to be able to achieve our potential. Poor or late attendance is something that affects an entire team, whether it be because your group cannot work a skill or someone gets injured because they missed a proper warm up. The following policy applies mainly to team training sessions, however repeated absence at tumble sessions will also be subject to scrutiny at the coaches discretion.

Reporting absences

In the first instance, ALL absences must be emailed to absences@unityallstarsleeds.com or hello@unityallstarsleeds.com

If you are running late or as a last resort or short notice, please also post in your team band so that team coaches are able to quickly note your absence. Absences may be followed up.

Three strike policy

3 unauthorised absences during the season may result in being **temporarily removed from the routine and placed on probation**. During your probation period you must have perfect attendance and demonstrate high levels of effort & commitment at the next 3 week period. If you successfully complete your probation, you will be reinstated to the routine/team. Any further unauthorised absence will result in you being removed from the routine and replaced.

| Authorised absence | Unauthorised absence |
|---|--|
| Illness with vomiting/diarrhoea in the last 24 hours Contagious illness Illness with doctor's note Prohibitive injury with doctor's note Family tragedy/emergency Inclement weather School event directly related to key examination (eg GCSE, A Level, Degree classification, etc) | Headaches/Poorly tummy Social Events Birthday Parties/Weddings/Celebrations Other sporting events Other cheer team training or comps Homework/revision Holidays booked during the season More than 20 minutes late to a session |

Doctor's notes may be issued retrospectively. These lists are not exhaustive so please do ask if you have any questions.

ALL Absences/Illness MUST be emailed to absence@unityallstarsleeds.com

In addition to the above, there are a number of **RED WEEK** crucial periods that you may not miss training for ANY reason whatsoever.

- **Any training dates in the 3 weeks leading up to competition**
- **Competition dates**
- **Choreo dates**

Absence during the above crucial periods may result in you being replaced in the routine/team. ALL decisions on authorised/unauthorised absences are at the coach's discretion.

Lateness Policy

You will be classed as late if you arrive after the register has been taken. 3x late arrivals will count as 1 unauthorised absence. If you are more than 30 minutes late to the session for any reason, this will count as an unauthorised absence.

Comp weekends

During comp weekends where full domestic teams are attending on either Saturday OR Sunday there will be no tumble session. On comp weekends where ONLY Havoc are competing tumble will continue to run.

Green zone dates

Green Zones are during school holidays (with the exception of February and May half term) and apply to domestic teams only. During Green zones our three strike rule is suspended and athletes may be absent from sessions for family holidays etc. You must still log our absences via your acceptance form however these will not count towards your absence quota.

Summer Green Zone - August 4th - August 31st inclusive

October Green Zone - October 27th - October 31st inclusive

Christmas Full Closure - December 22nd - January 4th inclusive

Easter Green Zone - April 3rd - April 19th inclusive